

## 2009-2010 SHORT-COURSE MEET SCHEDULE

**MEET ATTENDANCE IS EXPECTED:** this is a competitive swimming program and meets are the way we measure and evaluate improvements. Not all of the Levels have the same number of meets due to each Level's abilities and competitive needs. Not every swimmer will qualify for every meet due to time standards. There are enough meets, however, without standards for all **SWAT** members to participate. Please make every effort to attend the highlighted meets ("Team Effort" meets) for which you qualify. Each swimmer's goal is to acquire as many Championship cuts as possible and perform at the highest level achieved at the end of the season.

For complete meet entry information and event files, visit [www.lakeerieswimming.com](http://www.lakeerieswimming.com)

<b>Date</b>	<b>Host</b>	<b>Location</b>	<b>Type</b>
<b>October</b>	<b>10-11</b>	<b>SWAT</b>	<b>LAKWOOD HIGH SCHOOL</b>
	17-18	CCS	Canton
	24	LRST	Lakewood High School
	25	LESD	Cleveland State University
<b>November</b>	<b>1</b>	<b>SWAT</b>	<b>CLEVELAND STATE UNIVERSITY</b>
	7-8		Cleveland State University
	14	FAST	Firestone High School
	15	STRS	Solon High School
	20-22	LESD	Cleveland State University
<b>December</b>	4-6	SHSH	Cleveland State University
	13		
	20	VSC	Perkins High School
<b>January</b>	3		
	9-10		
	9-10	LSSC	Rocky River High School
	16-17	LRST	Lakewood High School
	23	HEAT	
	24	CCS	Canton
	30-31	STRS	
<b>February</b>	7	LESD	Hawken Upper School
	7	MRST	Medina High School
	14	LESI	
	21	PS	Youngstown State University
	28		
<b>March</b>	5-7	FAST	University of Akron
	13-15	LESI	Cleveland State University

**ALL PARENTS ARE EXPECTED TO WORK**  
at the SWAT hosted swim meets on October 10-11 and November 1.

*First day of practice: Wednesday, September 9*